

ONLINE RESOURCES FOR THE CAREGIVER

- **AARP**
<http://www.aarp.org>
- **Administration on Aging**
<http://www.aoa.gov>
- **Ageless Design** assists the caregiver by providing valuable information on home modification to make homes safe for seniors with Alzheimer's Disease. This site also provides information to other helpful links.
<http://agelessdesign.com/index.htm>
- **Age Net** is an information and referral network designed to "Bridge the Distance" between aging parents and adult children by providing information about products and services that are important to enhance the quality of life of older adults and their families.
<http://www.agenet.com>
- **The Alzheimer's Association**
<http://www.alz.org>
- **Benefits Checkup**
<http://www.benefitscheckup@ncoa.org>; (202) 479-6616 (Doris Agnew)
- **Caregivers USA**
<http://www.caregivers-usa.org>
- **CareGuide.com's** goal is to help caregivers navigate through all the critical rites of passage related to elder care over the lifetime of the caregiving experience.
<http://www.careguide.com>
- **Children of Aging Parents** is a non-profit, charitable organization with a national mission to assist the caregivers of the elderly with reliable information, referrals, support, and to heighten public awareness that the health of family caregivers is essential to ensure quality care to the nation's growing elderly population.
<http://www.careguide.com>
- **The Department of Health and Human Services (DHHS)**
<http://www.hhs.gov>
- The **Department of Veterans Affairs** website provides information, benefits, and services for veterans.
<http://www.va.gov>

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- The **Elder Care Locator** is a public service of the Administration on Aging, U.S. Department of Health and Human Services and is administered by the National Association of Area Agencies on Aging and the National Association of State Units on Aging.
<http://www.aoa.dhhs.gov/elderpage/locator.html>
- **Elder Care Online** is committed to providing an online community where supportive peers and professionals help improve the quality of life for caregivers and their families.
<http://www.ec-online.net>
- **Elder Web** provides advice and links for caregivers, providers and the elderly for on-line information about health, finances, legal, housing, and aging.
<http://elderweb.com>
- **Empowering Caregivers**
<http://www.care-givers.com>
- **Fairfax Area Agency on Aging (FAAA)**
<http://www.fairfaxcounty.gov/aaa>
- The **Family Caregiver Alliance (FCA)** website is an informational resource on long-term caregiving.
<http://www.caregiver.org>
- **GeroWeb** is designed as an online resource for researchers, educators, practitioners, caregivers, and others interested in aging and older individuals.
<http://www.iog.wayne.edu/>
- ***The Guide to Retirement Living Online*** is the Internet version of ***The Guide to Retirement Living***. Each edition features a complete listing of all senior residential communities, long-term care facilities, and home care services in the mid-Atlantic region and features articles on issues affecting seniors, caregivers, and professionals.
<http://www.retirement-living.com>
- The **National Alliance for Caregivers (NAC)**
<http://caregiving.org>
- The **National Association of the Area Agencies on Aging (N4A)**
<http://www.n4a.org/default.cfm>

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- The **National Council on the Aging** (NCOA) is a center of leadership, innovation, and nationwide expertise in the issues of aging.
<http://www.ncoa.org>
- **National Association of Professional Geriatric Care Managers**
<http://www.caremanager.org>
- The **National Family Caregivers Association** (NFCA) is the only national, charitable organization dedicated to making life better for all of America's family caregivers.
<http://www.nfcacares.org>
- The **National Institute of Neurological Disorders and Strokes** (NINDS) is an agency of the U.S. Federal Government and a component of the National Institutes of Health and the U.S. Public Health Service and the leading supporter of biomedical research on disorders of the brain and nervous system.
<http://www.ninds.nih.gov>
- **Seniors-Site** is dedicated to help senior citizens and their caregivers.
<http://seniors-site.com/index.html>
- **Third Age** provides resources on both community and content areas for family, health & fitness, living, money & work, news, romance, shopping, technology, and travel.
<http://www.thirdage.com>